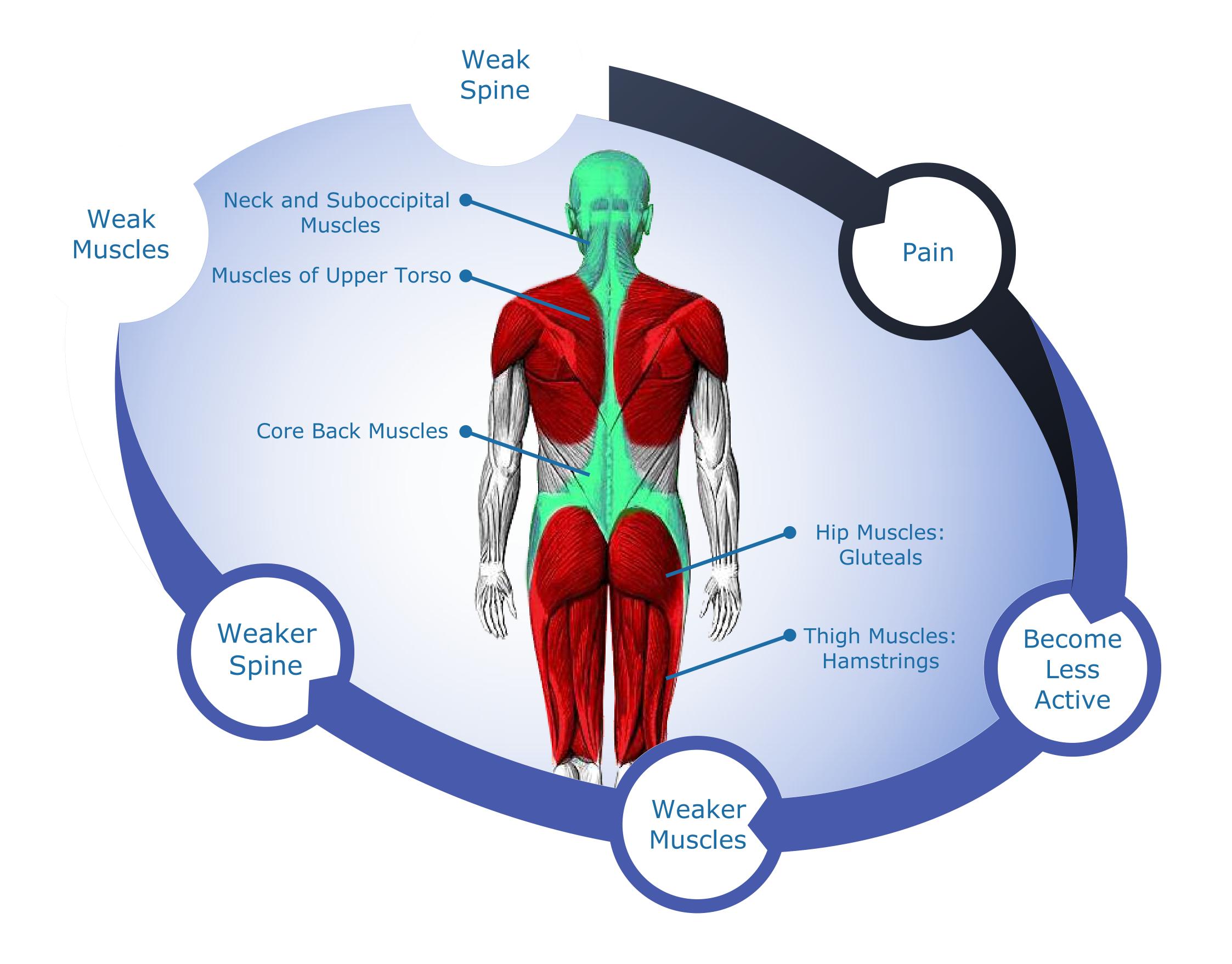
## UNIQUE 4-POINT PROTOCOL



VICIOUS CYCLE OF PAIN

### Orthocure Diagnostic Test Program

We use many more scientific tests than just X Ray and MRIs. X Rays and MRIs do not tell if your posture is wrong or your spine is misaligned or how much your muscles are strong or weak. Ironically, these factors are the root cause of majority of orthopaedic problems. We have developed Orthocure Diagnostic Test Program which is a collection of all these scientific tests which allow us to accurately diagnose orthopaedic problems.



#### **Initial Pain Relief**

Orthocure 3 Point Protocols focus on this aspect first to give you relief from your suffering.

Majority of our patients are treated without any medicines or injections. Apart from conventional physical therapy methods, Orthocure 3 Point Protocols use many new technologies being used in Europe etc for pain relief. Some of these technologies are unique to our clinics and not being used in other clinics in the region where we are.



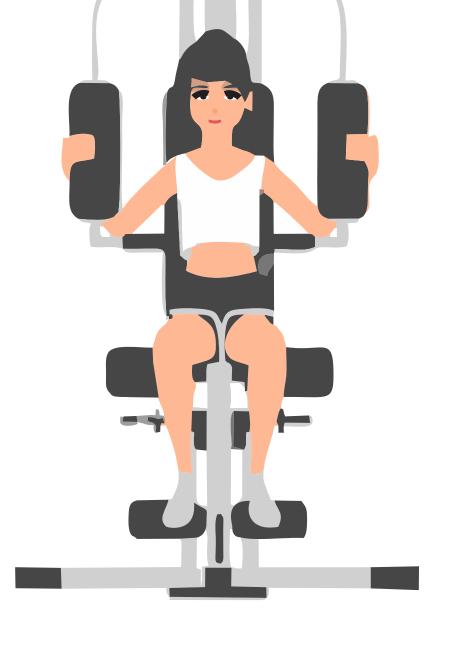
# STRUCTURAL CORRECTION







Skeleton inside our body gives us support from head to toe. However, it is often misaligned leading to tremendous strain on the various parts of the body leading to many diseases. The science of Chiropractic is focused on analysing and adjusting these misalignments. In certain conditions, it leads to great relief for patients.



## Release and Strengthen the Muscles

There are five main benefits of training with MedX machines, rather than with free weights or doing exercises using your own body weight.

- •The machine guides two dimensional movements. The machine dictates the course of movement. Incorrect movement is almost impossible, reducing injury risk.
- Pads, supports and restraints, which form part of the machine, ensure that individual muscles are isolated.
- •The multi-fold gain with machinebased strength training is muscle mass, endurance and strength.
- •20 minutes per week: MedX follows a scientific protocol that raises the intensity of the exercise to such a level that you can only really endure 20 minutes of it and your body needs roughly a week to adapt and grow stronger

